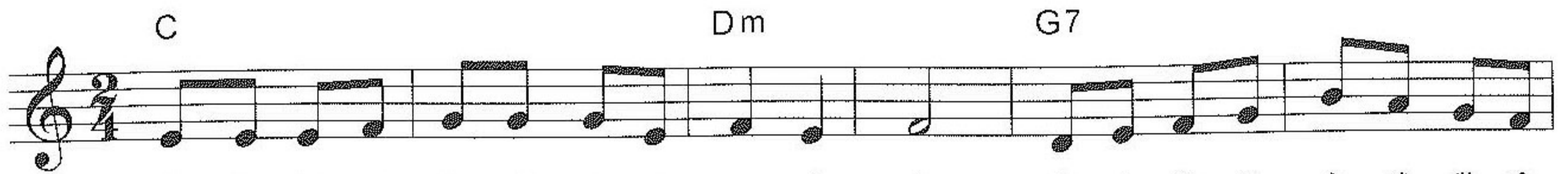
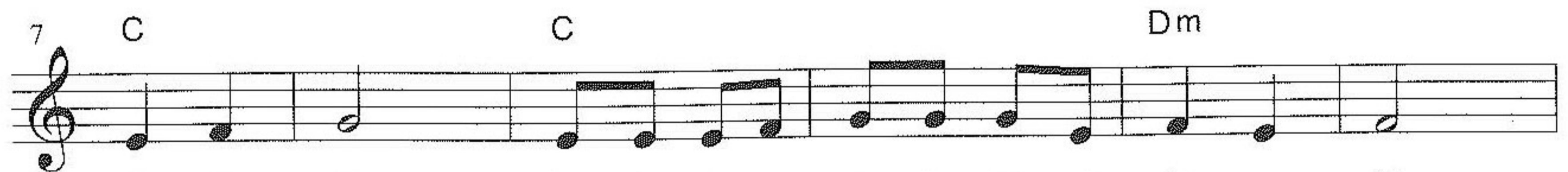


19 數算主恩 Count Your Blessings

詞: Johnson Oatman, Jr. 曲: Edwin O. Excell 譯: 滕近輝/何統雄修宣道詩 編: 余遠淳



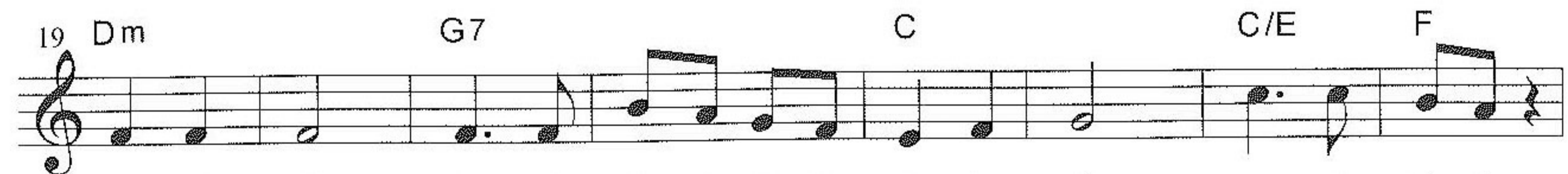
當你遇見苦難如同大波浪，當你憂愁喪膽幾乎
當你掛念世事如同挑重擔，當你背負十架覺得
每逢遭遇靈戰不論小或大，主手統治一切你不
When up - on life's bil - lows you are tem - pest - tossed, When you are dis - cour - aged, think - ing
Are you ev - er bur - dened with a load of care? Does the cross seem heav - y you are
So, a - mid the con - flict, wheth - er great or small, Do not be dis - heart - ened - God is



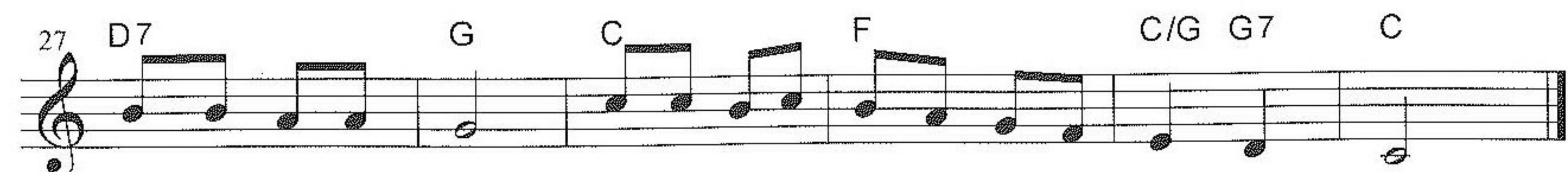
要絕望；若把主的恩典從頭數一數，
苦難堪；若數主的恩典疑惑就消除，
要懼怕；深知主有恩典必甘願扶助，
all is lost, Count your man - y bless - ings, name them one by one,
called to bear? Count your man - y bless - ings, ev' - ry doubt will fly,
o - ver all; Count your man - y bless - ings, an - gels will at - tend,



必能叫你驚訝主奇妙看顧。
必能叫你快樂立時讚美主。
安慰引導我們直到見天父。主的恩典，樣樣
And it will sur - prise you what the Lord hath done. Count your bless - ings, name them
And you will keep sing - ing as the days go by.
Help and com - fort give you to your jour - ney's end.



都要數，主的作為都要記清楚，主的恩典，
one by one; Count your bless - ings, see what God hath done! Count your blessings,



樣樣都要數，必能叫你驚訝主奇妙看顧。
name them one by one; Count your man - y bless - ings, see what God hath done!